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Introduction to the Cleansing Prayer Guide

Test yourselves to see if you are in the faith; examine yourselves! Or do you not recognize this about yourselves, that Jesus Christ is in you—unless indeed you fail the test? 2 Corinthians 13:5

Just as it is important to have a regular physical examination to ensure we are physically healthy, the Word of God instructs us that it is incredibly important to regularly examine our spiritual health. The only Doctor with the qualifications to examine us is the Holy Spirit because He knows every thought that we think, and He understands the motives behind our actions.



The *Cleansing Prayer Guide* is an interactive resource to assist you in praying through areas of sin and compromise that may still be in your life. The best way to visually picture the importance of this guide is to think of taking a road trip in a car. In order for the car to go somewhere you will need an engine. The engine of the car is prayer. Prayer will be the practical means of propelling you forward in this journey. The Holy Spirit is both the fuel for the engine (Spiritual power) as well as your Personal Guide to direct you where to stop along the way and what needs to be accomplished.

We are providing the *Cleansing Prayer Guide* as a tool to:

- 1. This Guide is like a "Spiritual Diagnostic Test" that will help you to examine yourself and see where you are really at in your relationship with God.
- 2. Expose the areas of sin that you are still in bondage to. (Some areas you may not even realize you are living in sin. In other areas you may simply not have noticed how much of a hold a particular sin has on your life.)
- 3. Reveal that apart from Christ, you can do nothing and that you are desperately in need of a deeper transformational work of God's Spirit in your life so that you can live in the fullness of Christ's victory.
- 4. Reveal that the pathway to victory over the areas of sin you are still living in bondage to is not by trying harder to overcome sin in your human/religious efforts. Instead, as you begin to acknowledge that you are a sinner in need of a moment-by-moment Savior you will start to see that true victory comes as you choose to surrender more fully to Jesus Christ and really trust His Spirit to live all on your behalf (Gal. 2:20). The Renewal 101 course will build on this understanding but praying through this guide before going through the Renewal course will be very helpful.

The Enormous Impact of Unconfessed Sin

If we say that we have no sin, we are deceiving ourselves and the truth is not in us. 1 John 1:8

The Word of God teaches us that if we claim to have no sin, we are actually deceiving ourselves. It states that the truth is not in us when we claim to be without sin. When we understand that it is the truth that sets us free (John 8:32), if we do not have truth within us then it is clear that we are living in bondage when we fail to confess sin.

"If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free." John 8:31-32

Undealt with Sin Causes Even Our Prayers to Be Hindered:

Behold, the LORD'S hand is not so short that it cannot save; nor is His ear so dull that it cannot hear. But your iniquities have made a separation between you and your God, and your sins have hidden His face from you so that He does not hear. Isaiah 59:1-2

If I regard wickedness in my heart, the Lord will not hear. Psalm 66:18

He who turns away his ear from listening to the law, even his prayer is an abomination. Proverbs 28:9

These verses should produce in us a real desperation to allow the Holy Spirit of God to reveal to us any way in which we have allowed sin to remain unconfessed and undealt with in our lives.

Confession leads to Renewal

Even King Ahab experienced the amazing grace of God after humbling himself and acknowledging his sin. In the Word of God, King Ahab is described as a person who "sold himself to do evil in the sight of the Lord" as no one else had. Yet, when he truly humbled himself, God's response was immediate and amazingly merciful!

Surely there was no one like Ahab who sold himself to do evil in the sight of the LORD, because Jezebel his wife incited him. He acted very abominably in following idols, according to all that the Amorites had done, whom the LORD cast out before the sons of Israel. It came about when Ahab heard these words, that he tore his clothes and put on sackcloth and fasted, and he lay in sackcloth and went about despondently. Then the word of the LORD came to Elijah the Tishbite, saying, "Do you see how Ahab has humbled himself before Me? Because he has humbled himself before Me, I will not bring the evil in his days, but I will bring the evil upon his house in his son's days." 1 Kings 21:25-29

Read what David wrote about confession of sin: When I kept silent about my sin, my body wasted away through my groaning all day long. For day and night Your hand was heavy upon me; My vitality was drained away as with the fever heat of summer. I acknowledged my sin to You, and my iniquity I did not hide; I said, "I will confess my transgressions to the LORD"; and You forgave the guilt of my sin. Psalm 32:3-5

In Psalm 32 David explains exactly what our response should be when we realize that there is unconfessed sin in our lives. Instead of keeping silent about our sin, or attempting to keep our sinful ways hidden from God or others around us, we need to acknowledge our sin. We need to take our sin out of hiding and confess it to God as something that is wrong. As we get honest about our true state and confess our sins, God will forgives us and purify us.

Cleansing Prayer Guide

Practical Instructions

If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness. 1 John 1:9

This prayer guide is intended to reveal areas of our lives that are not yet fully surrendered to the Lordship of Jesus Christ. We will be taking time to listen to God in prayer in order to give Him time to expose where we are not yet surrendered to Him. The longer you pause to listen, the more God's Spirit will reveal.

What Type of Repentance Does God Desire?

In order to understand where we need to repent it is helpful to understand what type of repentance God is calling us to. The word "Repentance" comes from the Greek word, "metánoia" (met-an'-oy-ah) which literally means, "a change of mind". The question is, does God want us focusing on repenting at the fruit level or the root level? For example, if we simply repent (change our mind) over our choice to give into anger the root issue of our pride and unbelief (sin nature) may not be dealt with. If we change our mind about lust but don't deal with our pride and unbelief, then we may still find we are struggling with envy or sloth. Instead, in order to be truly free, we must change our mind about who reigns over us. We must repent at the root level, which is our pride in ourselves and our unbelief in God. As we allow the Spirit of God to change our minds about our view of ourselves, from pride to humility. And as we change our mind regarding our unbelief in God and allow God to renew our minds to the faith He has in Himself, then the root problem of our sin nature is dealt with. As we allow God to reign over our every decision we will be set free from the power of sin and empowered to walk in His Life.

The type of repentance that God is calling for is important to note before going through this guide. Let each question that is checked be an indication that this is an area of our lives that is not yet truly surrendered to the Lordship of Jesus Christ. If we will repent at the root level, we will find His Spirit brings deliverance to all facets of our lives.

Basic Instructions for the Confessional Prayer Questions: (*Note: You may want to print off these instructions so that you have them with you as you go through the questions.)

The Confessional Prayer Questions in this guide are categorized into four main sections (Relationships, Personal Life, Service to Christ, and a section specifically for those on staff/volunteering with a ministry). These questions are intended to help you identify sins of commission and omission. Every "yes" answer indicates a sin to be confessed and an area to allow the Holy Spirit to bring purification.

- 1. **Ask the Lord** each self-examining question.
- 2. **Listen** for His response.
 - A. If there is **silence or peace in your spirit**, proceed slowly to the next question.
 - B. If there is **conviction**, confess it immediately to the Lord.
- 3. **Write down anything that God speaks to you** (Either in the space provided at the end of that particular section or in a separate journal)

(You may consider going through the list of Confessional Prayer Questions as often as you need to in order to allow God's Spirit to continue to deepen His work of purification and freedom in your heart.)

The heart is more deceitful than all else and is desperately sick; who can understand it? Jeremiah 17:9

Based on Jeremiah 17:9 only God's Spirit knows the true state of our hearts. Therefore, in this journey of discovering our spiritual state it is important to continually ask the Holy Spirit to speak to us about the areas of undealt with sin that He knows we are still holding onto. Some of these areas of sin we may already be aware of, but it is often the case that we do not even realize just how much we are living in bondage to sin.

The purpose of this exercise is NOT to cause us to begin to attempt "sin management". Meaning, we are not examining the areas where we struggle with the thought that we will then go out and "try harder" to live the Christian life in our own efforts. We are allowing the Holy Spirit to reveal ways in which we are in bondage to sin so that we can then bring them to Him in humility and prayer, and in turn watch as He Himself begins to set us free! As we repent about who reigns over us, God will set us free every time.

Put in the Necessary Time

This guide is personal and confidential so we would encourage you to answer the questions with full honesty. You will get out of this resource what you put into it. This guide is designed to be something that you go through in relationship with God, and the questions presented here will allow you to experience a deep and thorough cleansing if you will take the time to really pray through it. If you quickly skim through the questions in a short period of time this will often lead to shallow results. If you take this guide seriously, setting aside at least 1-3 hours for each section, or even a day or two to be alone before the Lord, the fruit of this simple guide may literally change the course of the rest of your life.

Why do we believe that this prayer guide can have such a transformative impact on your life?

Because it is often unconfessed sin and the underlying failure to surrender to Christ that holds us back from the purposes that God has for us. This is outlined briefly in the section "The Enormous Impact of Unconfessed Sin". When we take sin seriously and allow the Holy Spirit to deal with all facets of our lives that are not yet fully surrendered to Christ's Lordship, amazing fruit will result.

Confessing Sins That We Committed against Others

If your sin is against God, confess it to God, and accept His cleansing. If your sin is against another person, confess it to God, and accept His cleansing. However, the Holy Spirit may require you to confess it to the other person before you receive a complete healing of the soul. If your sin is against a group, confess it to God, and receive His cleansing. However, the Holy Spirit may require you to confess it to the group before you receive a complete healing of the soul.

Consider Using a Journal

You may consider purchasing a separate journal that will allow you to write out anything that God speaks to your heart while you process through the questions. If you have a journal, then it will be a wonderful prayer tool after you have completed the guide. You will be able to pick up this journal and continue to humble yourself, and pray through it until you begin to experience the victory of Jesus made a manifest reality in all areas of life.

Prayerfully Consider Fasting as You Pray through the Guide

If you have had a season of walking in a dry/cold place with God, you may consider taking a time to fast and pray as God leads in order to prepare your heart to see your sin as He sees it. Even if you cannot fast food due to medical reasons you could still consider cutting out something in your regular lifestyle to make room for focused time alone with God. (Even a half-day to 3 days of fasting may be just what you need to unblock the spiritual clog in your relationship with God and reignite your heart to live exclusively for Him.) Here's a proven instruction guide on fasting should you choose to fast and pray in combination with going through this resource: http://www.cru.org/train-and-grow/devotional-life/personal-guide-to-fasting.html

Consider Inviting Others to Join You

Prayerfully consider inviting one or two trusted friends to join with you in going through the *Cleaning Prayer Guide* and in praying with you through any sticking points. This does not mean that you need to reveal all your answers to them but it does mean that you will have the freedom to share with them as God leads you to. (For those who are married we would highly encourage you to consider going through the guide with your spouse.)

Often times we have a tendency to think that we are supposed to be able to handle spiritual struggles all on our own. We may even be deceived into thinking that this is spiritual maturity. In fact, spiritual maturity comes when we acknowledge that we cannot live the Christ Life in isolation (Hebrew 10:25, James 5:16). If we are ever going to enter into the fullness of the Life that Jesus Christ died to give to us, then it will be in relationship with others who know and love Him. We would encourage you to consider getting vulnerable with at least one or two trusted friends as you go through this guide together. (Especially if you go through it and realize that there are strongholds of sin that you have been unable to breakthrough on your own.) Many people are often just one or two trusted, praying friends away from complete freedom in their walk with God.

Using the Cleansing Prayer Guide in a Small Group/Local Congregation/City Group

You may choose to use this guide in a small group setting, a local congregation, or even in a city-wide setting. The guide provides 3-4 weeks of material for an extended season of consecration. Even if you are going through the guide as an entire congregation or using it as a city group we would still encourage breaking up into small groups for discussion purposes. We would encourage you to take one section per week. For instance, begin by having a meeting to launch the *Cleansing Prayer Guide* (If possible print off copies for every participant, or give them access to the online PDF). Encourage participants to pray through the first section before the next meeting. On the second week discuss what God spoke to them as they went through Section #1 on Relationships. On the third week discuss Section #2 on Personal Life and so on. In this way you will have the joy of watching God's Spirit corporately cleanse His people and prepare you for what is on His heart. After going through this guide we would encourage you to go through the Renewal 101 course as it is the perfect follow-up providing 9 weeks of material to sustain this lifestyle (www.dninternational.org/renewal101).

The Holy Spirit Our Only True Guide

In order to have this be a truly life changing experience, the most important aspect of going through this guide will be remaining sensitive to THE Guide, the Holy Spirit. There may be times that He takes a single question presented here and unveils years worth of hurt and unconfessed bitterness. At other times He may take something you thought was a minor error and then shows you the ramifications of your actions in the lives of others. He is the TRUE Guide and only as you follow Him in simple child-like faith will He be able to use this resource as a means of drawing you closer to Himself. Don't get caught up in going through the motions or feeling like you have to proceed to the next question, simply do whatever He leads. This is merely a tool to begin the process of drawing near to Him.

Surrender and Trust as a Lifestyle

The desire of this guide is to assist you in the process of unclogging any spiritual residue (unconfessed or undealt with sin). Once you have gone through the *Cleaning Prayer Guide* our hope would be that in time, with the Holy Spirit as your Guide, repentance at the root level (changing your mind about who reigns over you) will become part of your daily and moment by moment lifestyle. As you learn to daily take time to sit before God and ask Him, "Are there any unsurrendered areas of my life?" He will be faithful to expose sin, and as you confess it, and change your mind about who reigns over you, He will fill and empower you to live a life that is in constant communion with Him. (John 15:5)

Prayer Focus:

Before beginning the *Cleaning Prayer Guide* you may consider taking some time to meditate and pray about Hosea 10:12, Psalm 139:23-24 and anything else that the Lord leads.

Break up your unplowed ground; for it is time to seek the LORD, until he comes and showers his righteousness on you. Hosea 10:12 (NIV)

Search me, O God, and know my heart; try me and know my anxious thoughts; and see if there be any hurtful way in me, and lead me in the everlasting way. Psalm 139:23-24

"Lord, in Your intimate knowledge of every detail of my life, please reveal to me all the areas of sin where I need to receive cleansing. I trust You to lead me forward. I choose to embrace You, the Person of Truth. I give permission for Your Truth to flood every aspect of my life so that I may be entirely set free. I choose to allow Your Spirit to do a thorough search of every aspect of my life that is not fully surrendered to Your Lordship. I trust You to not only reveal my sin but to purify me of all unrighteousness. Teach me to live with You as the Lord of my every decision." (Continue to pray and invite the Holy Spirit to convict you of any sin that is in your life. As you invite His conviction throughout this process He will surely reveal, cleanse and purify you.)

Initial Examination of Your Intimacy with Jesus

Before beginning the Confessional Prayer Questions we want to take a quick look at our current intimacy with Jesus by answering a simple question and describing our times alone with Him.

| • | How would you desc | cribe the current " | spiritual tempera | ature" in your | relationship v | vith Jesus? |
|---|--------------------|---------------------|-------------------|----------------|----------------|-------------|
| | Hot | Heating up | Lukewarm | Cool _ | Cold | |

Evaluate your time alone with God. This evaluation is based on your current state not just what you have experienced in the past. Circle the quality that best describes your current relationship with God. Even if you would answer somewhere in the middle, which word is most accurate?

- Unhurried / Hurried
- Satisfactory / Unsatisfactory
- Stimulating / Boring
- Fresh / Stale
- More listening / More talking
- Can't wait for it / More of a have to
- High priority / Low priority
- Undivided attention / Distracted
- Focused / Haphazard
- Sense of awe / Lackadaisical
- Much time in confession / Little time in confession
- Renewed spirit / Troubled spirit
- Engaged / Aloof
- Read the Bible for my edification / Read the Bible for other's edification
- Hunger to be with God / Driven to do more for God

Confessional Prayer Questions [Section #1: Relationships]

(Meditate on these Scriptures related to the importance of relationships. Allow the Holy Spirit to begin to convict you of any sin related to your relationship with others.)

"A new commandment I give to you, that you love one another, even as I have loved you, that you also love one another. By this all men will know that you are My disciples, if you have love for one another." John 13:34-35

"You have heard that it was said, 'You shall love your NEIGHBOR and hate your enemy.' But I say to you, love your enemies and pray for those who persecute you, so that you may be sons of your Father who is in heaven; for He causes His sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous. For if you love those who love you, what reward do you have? Do not even the tax collectors do the same? If you greet only your brothers, what more are you doing than others? Do not even the Gentiles do the same? Therefore you are to be perfect, as your heavenly Father is perfect." Matthew 5:43-48

"Teacher, which is the great commandment in the Law?" And He said to him, "You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.' This is the great and foremost commandment. The second is like it, 'You shall love your neighbor as yourself.' On these two commandments depend the whole Law and the Prophets." Matthew 22:36-40

But now faith, hope, love, abide these three; but the greatest of these is love. 1 Cor. 13:13

Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you. Ephesians 4:31-32

But now you also, put them all aside: anger, wrath, malice, slander, and abusive speech from your mouth. Do not lie to one another, since you laid aside the old self with its evil practices, and have put on the new self who is being renewed to a true knowledge according to the image of the One who created him—a renewal in which there is no distinction between Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave and freeman, but Christ is all, and in all. So, as those who have been chosen of God, holy and beloved, put on a heart of compassion, kindness, humility, gentleness and patience; bearing with one another, and forgiving each other, whoever has a complaint against anyone; just as the Lord forgave you, so also should you. Beyond all these things put on love, which is the perfect bond of unity. Let the peace of Christ rule in your hearts, to which indeed you were called in one body; and be thankful. Colossians 3:8-15

Beloved, let us love one another, for love is from God; and everyone who loves is born of God and knows God. The one who does not love does not know God, for God is love. By this the love of God was manifested in us, that God has sent His only begotten Son into the world so that we might live through Him. In this is love, not that we loved God, but that He loved us and sent His Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another. 1 John 4:7-11

For if you forgive others for their transgressions, your heavenly Father will also forgive you. But if you do not forgive others, then your Father will not forgive your transgressions. Matthew 6:14-15

For judgment will be merciless to one who has shown no mercy; mercy triumphs over judgment. James 2:13

"You have heard that the ancients were told, 'YOU SHALL NOT COMMIT MURDER' and 'Whoever commits murder shall be liable to the court.' But I say to you that everyone who is angry with his brother shall be guilty before the court; and whoever says to his brother, 'You good-for-nothing,' shall be guilty before the supreme court; and whoever says, 'You fool,' shall be guilty enough to go into the fiery hell. Therefore if you are presenting your offering at the altar, and there remember that your brother has something against you, leave your offering there before the altar and go; first be reconciled to your brother, and then come and present your offering." Matthew 5:21-24

Questions related to Relationships: (Invite the Holy Spirit to convict you of any sin related to relationships.)

| Is there anyone that you are holding a grudge against? |
|--|
| Anyone you haven't forgiven? |
| Anyone you hate? |
| Anyone you refuse to love? |
| Are there any misunderstandings that you are unwilling to forgive and release to God? |
| Is there any person against whom you are harboring bitterness, resentment, or jealousy? |
| Anyone you dislike to hear praised? |
| Do you allow anything to cause you to justify a wrong attitude toward another person? |
| Are there any relationships that need to be reconciled? If so, who? |
| Are you secretly pleased over the misfortune of another? |
| Are you secretly annoyed over the accomplishments or advancement of another? |
| Are you guilty of any unresolved contentions or strife? |
| Do you quarrel, argue or engage in heated discussions? |
| Are you engaged in any divisions or party spirit? |
| Do you complain or find fault? |
| Do you have a critical spirit toward any person or thing? |
| Are you irritable or cranky? |
| Do you ever carry hidden anger? |
| Do you have outbursts of anger? |
| Do you become impatient with others? |
| Are you harsh, unkind, or sarcastic? |
| Do you grumble or gossip? |
| Do you speak unkindly concerning people when they are not present? |
| Are you prejudiced against other Christians because they are a part of a different group/denomination or |
| because they do not see everything as you do? |
| Are you prejudiced based on someone's ethnicity/skin color or outward appearance? |
| Do you lie? |
| Do you exaggerate or stretch the truth? |
| Questions specifically related to those who are married (Answer if applicable): |

Husbands (Ephesians 5:25-33, 1 Peter 3:7)

- ☐ Are you unloving/lacking compassion towards your wife in your thoughts?
- ☐ Are you unloving/lacking compassion towards your wife in your words?
- ☐ Are you unloving/lacking compassion towards your wife in your actions?
- ☐ Are you selfish, refusing to sacrifice for the sake of your wife?
- ☐ Have you thought or even spoken about divorcing your wife? (Mark 10:2-12)
- □ Have you ever considered committing adultery against your wife in your thoughts, words or actions? (Matthew 5:27-28)
- □ Do you fail to help your wife have an intimate relationship with God?
- □ Do you deliberately hinder your wife from walking closely with God through your words or actions?

| | Do you inadvertently hinder your wife from walking closely with God? Do you fail to serve your wife as Christ serves the Church? If so, in what specific way is this taking place? Do you fail to care for the physical needs of your wife/family? (1 Timothy 5:8) Do you lack compassion in the area of physical intimacy with your wife, failing to recognize when she is |
|-------------|---|
| | tired/worn out? (1 Cor. 7:3-5) Do you fail to love and serve your wife more than you love and serve yourself? If so, in what way/s? |
| | Wives (Ephesians 5:22-24, 33) |
| | Do you dishonor your husband in private? |
| | Do you dishonor your husband in front of others? |
| | Are you disrespectful to your husband? |
| | Do you withhold your body from your husband? (1 Cor. 7:3-4) |
| | Are you unsubmissive to your husband? Do you have rebellious thoughts against your husband? |
| _ | Do you allow for harsh, negative, destructive criticism to come from your mouth towards your husband? Have you thought or even spoken about divorcing your husband? (Mark 10:2-12) |
| _ | Have you ever considered committing adultery against your husband in your thoughts, words or actions? Do you think evil against your husband? |
| _ | Do you hinder your husband's relationship with God? If so, in what way? |
| | Questions for Parents |
| | He said to His disciples, "It is inevitable that stumbling blocks come, but woe to him through whom they come! It would be better for him if a millstone were hung around his neck and he were thrown into the sea, than that he would cause one of these little ones to stumble." Luke 17:1-2 |
| f c l | esus tells us that it would be better for us to have a millstone tied around our neck and be drowned in the sea that for us to sin against His little ones. These "little ones" are those who are simple in their faith in Him which would certainly include our children. Though God has entrusted parents to lead their children in His ways, this is not a icense for us to sin against them simply because we are in a position of leadership. In fact, we should remember esus washing the feet of His disciples, and understand that God's way of leadership is for the greatest to be the servant of all (Mk 10:44). |
| | Do you provoke your child to anger? (Eph. 6:4) If so, in what way? |
| | Do you fail to discipline your child in love? If so, in what way? |
| | Have you allowed unforgiveness or bitterness in your heart towards your child? Do you sin against your child with your thoughts? |
| _ | Do you sin against your child with your words? |
| | Do you sin against your child with your actions? |
| | Have you consistently failed to raise your child in the will and ways of God? If so, in what ways have you failed to do this? |
| | Have you failed to model for your child what a Godly life looks like? (Keeping in mind that our lives speak louder than our words.) If so, in what way? |
| | Write down any specifics that the Holy Spirit revealed to you in the area of relationships. By writing down what He showed you, this will allow you to take this to Him in prayer in the coming days: |
| | |
| | 40 |

Confessional Prayer Questions [Section #2: Personal Life]

(Meditate on these Scriptures related to the importance of purity in our personal life. Allow the Holy Spirit to begin to convict you of any sin related to this.)

Blessed are the pure in heart, for they shall see God. Matthew 5:8

But I say, walk by the Spirit, and you will not carry out the desire of the flesh. For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please. But if you are led by the Spirit, you are not under the Law. Now the deeds of the flesh are evident, which are: immorality, impurity, sensuality, idolatry, sorcery, enmities, strife, jealousy, outbursts of anger, disputes, dissensions, factions, envying, drunkenness, carousing, and things like these, of which I forewarn you, just as I have forewarned you, that those who practice such things will not inherit the kingdom of God. But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. Now those who belong to Christ Jesus have crucified the flesh with its passions and desires. Galatians 5:16-24

"You have heard that it was said, 'YOU SHALL NOT COMMIT ADULTERY'; but I say to you that everyone who looks at a woman with lust for her has already committed adultery with her in his heart. If your right eye makes you stumble, tear it out and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to be thrown into hell. If your right hand makes you stumble, cut it off and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to go into hell. Matthew 5:27-30

But immorality or any impurity or greed must not even be named among you, as is proper among saints; and there must be no filthiness and silly talk, or coarse jesting, which are not fitting, but rather giving of thanks. For this you know with certainty, that no immoral or impure person or covetous man, who is an idolater, has an inheritance in the kingdom of Christ and God. Ephesians 5:3-5

Beloved, I urge you as aliens and strangers to abstain from fleshly lusts which wage war against the soul. 1 Peter 2:11

You adulteresses, do you not know that friendship with the world is hostility toward God? Therefore whoever wishes to be a friend of the world makes himself an enemy of God. Or do you think that the Scripture speaks to no purpose: "He jealously desires the Spirit which He has made to dwell in us"? But He gives a greater grace. Therefore it says, "God is opposed to the proud, but gives GRACE TO THE HUMBLE." Submit therefore to God. Resist the devil and he will flee from you. Draw near to God and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts, you double-minded. Be miserable and mourn and weep; let your laughter be turned into mourning and your joy to gloom. Humble yourselves in the presence of the Lord, and He will exalt you. James 4:4-10

Nevertheless, the firm foundation of God stands, having this seal, "The Lord knows those who are His," and, "Everyone who names the name of the Lord is to abstain from wickedness." Now in a large house there are not only gold and silver vessels, but also vessels of wood and of earthenware, and some to honor and some to dishonor. Therefore, if anyone cleanses himself from these things, he will be a vessel for honor, sanctified, useful to the Master, prepared for every good work. Now flee from youthful lusts and pursue righteousness, faith, love and peace, with those who call on the Lord from a pure heart. 2 Timothy 2:19-22

Do not love the world nor the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world, the lust of the flesh and the lust of the eyes and the boastful pride of life, is not from the Father, but is from the world. The world is passing away, and also its lusts; but the one who does the will of God lives forever. 1 John 2:15-17

Seek first His kingdom and His righteousness, and all these things will be added to you. Matt. 6:33

Questions related to Personal Life: (Invite the Holy Spirit to convict you of any sin related to your personal life.)

| | Is there any area of your life in which you have failed to put God first? |
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| | Have your decisions been made according to your own wisdom and desires, rather than seeking and following |
| | God's will? (Prov. 3:5-6) |
| | Do any of the following interfere with your surrender and service to God: |
| | - Selfish Ambitions |
| | - Pleasures |
| | - Loved ones |
| | - Friendships |
| | - Desire for recognition |
| | - Desire for money |
| | - Your own plans/dreams/desires |
| | Is the primary motive behind your actions your own welfare? (In contrast to serving others out of genuine |
| | love and concern for their welfare) |
| | Are you careless with your body? |
| | Do you fail to care for your body as the temple of the Holy Spirit? |
| | Are you guilty of overindulgence in eating or drinking? |
| | Do you have any habits that are defiling to your physical body? |
| | Do you take the slightest credit for anything good about you, rather than give all the glory to God? |
| | Do you talk of what you have done rather than what Christ has done? |
| | Do most of your sentences start with, contain, or reflect upon "I"? |
| | Have you made a pretense of being something that you are not? |
| | Are you self-conscious rather than Christ-conscious? |
| | Do you allow feelings of inferiority to keep you from attempting things in service to God? |
| | Do you wish that you had things that others have in the areas of: |
| | - Notoriety/position/title |
| | - Money/material possessions (car, house, clothing etc.) |
| | - Relationships |
| | Do you underpay those who serve you? |
| | Are you more selfish than you are generous in the giving of your time, talents and finances? |
| | Considering that we are just stewards of God's money and everything we have is actually His, do you neglect to |
| | pray about things before you buy them? (Psalm 24:1) |
| | Do you put forth little effort in your work? |
| | Have you been careless in the payment of your debts? |
| | Do you waste time? |
| | Do you waste time for others? |
| | Does the frequency that you check your cell phone hinder your intimacy and attentiveness to God or others? |
| | Do you fill yourself with the news of the world to the degree that you lose the perspective that God is |
| | Almighty and in control? |

Do you fill yourself with the news of the world to the degree that you lose the joy of the Lord?

Do you listen to unedifying radio or music?

Do you read unworthy books, magazines, or online content?

| | Do you use social media as a means of promoting yourself / seeking glory for your name rather than the name of Christ. |
|---|--|
| | Has any form of media / social media become an idol in your life? ("Idol" defined as something you look to |
| | for hope/meaning/life outside of Jesus Christ.) |
| | Do you find it necessary to seek satisfaction from any questionable source? (Defining "questionable" based on the standards of Cod's Word and not morely the opinions of man) |
| | the standards of God's Word and not merely the opinions of man) |
| | Are you doing anything that shows you are not satisfied in your Christian walk? |
| | Have you neglected to thank God for all things and in all circumstances? |
| | Do you allow negative, destructive thoughts and speech towards yourself? |
| | Do you allow negative, destructive thoughts and speech towards others? |
| | Do you regularly fail to give God the proper thanks that He is due? (1Thessalonians 5:16-18) |
| | Due to past disappointments, have you allowed unbelief in your heart towards God? |
| | Have you virtually called God a liar with the level of unbelief you are living in? |
| | Do you worry? (Matthew 6:25-34) |
| | Is your spiritual fervor based on emotions instead of on the Truth found in God's Word? |
| | Are you occupied with the cares of this life? Is your population on joy based on metarial things and positive singulations without then founded in Issue. |
| | Is your conversation or joy based on material things and positive circumstances rather than founded in Jesus Christ and His Word? |
| | Do you have personal habits that are not pure? |
| | Is your manner of dress pleasing to God? |
| | Are you guilty of regularly looking at others with lust in your heart? |
| | Do you allow impure thoughts about the opposite sex to stay in your mind? |
| | Do you read things that are sexually impure or suggest unholy things? |
| | Do you allow yourself to give into lustful thoughts, speech or actions in a way that is hidden and for which |
| _ | you presently have no one that you are accountable to? (If this is the case, there is excellent free help |
| | available for difficulties with online pornography – <u>www.x3watch.com</u> . For an even more comprehensive |
| | monitoring service we recommend <u>www.covenanteyes.com</u> . For those who are married, your spouse is the first |
| | person in need of a confession, and also your first accountability partner to help ensure that you do not |
| | continue to fail in this way.) |
| | Do you indulge in entertainment that is unclean? ("Unclean" defined as something that Jesus Himself would |
| | not be entertained by.) |
| | Have you allowed yourself to become "spotted" by the world? (Eph. 5:27) |
| | Does anything mean more to you than living for and pleasing God? |
| | and the second s |
| | Write down any specifics that the Holy Spirit revealed to you in the area of your personal life. By writing |
| | down what He showed you, this will allow you to take this to Him in prayer in the coming days: |
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Confessional Prayer Questions [Section #3: Service to Christ]

(Meditate on these Scriptures related to the importance of purity in our Service to Christ. Allow the Holy Spirit to begin to convict you of any sin related to this.)

"But you will receive power when the Holy Spirit has come upon you; and you shall be My witnesses both in Jerusalem, and in all Judea and Samaria, and even to the remotest part of the earth." Acts 1:8

Whether, then, you eat or drink or whatever you do, do all to the glory of God. 1 Cor. 10:31

Therefore, we are ambassadors for Christ, as though God were making an appeal through us. 2 Cor. 5:20

Be diligent to present yourself approved to God as a workman who does not need to be ashamed, accurately handling the word of truth. 2 Tim. 2:15

Obey your leaders and submit to them, for they keep watch over your souls as those who will give an account. Let them do this with joy and not with grief, for this would be unprofitable for you. Heb. 13:17

Calling them to Himself, Jesus said to them, "You know that those who are recognized as rulers of the Gentiles lord it over them; and their great men exercise authority over them. But it is not this way among you, but whoever wishes to become great among you shall be your servant; and whoever wishes to be first among you shall be slave of all. For even the Son of Man did not come to be served, but to serve, and to give His life a ransom for many." Mark 10:42-45

As each one has received a special gift, employ it in serving one another as good stewards of the manifold grace of God. 1 Peter 4:10

You are A CHOSEN RACE, A royal PRIESTHOOD, A HOLY NATION, A PEOPLE FOR *God's* OWN POSSESSION, so that you may proclaim the excellencies of Him who has called you out of darkness into His marvelous light. 1 Peter 2:9

Questions Related to Service to Christ: (Invite the Holy Spirit to convict you of any sin related to your service to Christ.)

- ☐ Have you failed to seek the lost for Christ?
- ☐ Have you failed to witness consistently?
- □ Do you consistently ignore the promptings of the Holy Spirit to share your testimony or plant a seed of the Gospel in the lives of those that God allows you to come in contact with?
- ☐ Is your life failing to reveal Jesus to your friends and neighbors?
- □ Have you robbed God by withholding your time, talents, and/or finances?
- ☐ Have you failed to support mission work either in prayer and/or finances?
- ☐ Are you undependable so you cannot be trusted with responsibilities in the Lord's work?
- Are you allowing your emotions to be stirred for the things of God, but doing little about it?
- Do you stay away from the preaching of the Word of God so as not to be convicted?
- Do you whisper or think about other things during the preaching of God's Word?
- Are you irregular or uncommitted to attending a small group that will help you to grow more deeply in your relationship with God?
- □ Do you fail to attend corporate prayer meetings?
- ☐ Have you neglected or slighted your daily private time alone with God?

| Have you neglected God's Word? |
|---|
| Have you neglected prayer? |
| Have you neglected a lifestyle of thanksgiving? |
| Have you neglected to be still before God and listen to His Spirit? |
| Have you neglected truly loving God with all your heart? (Matthew 22:36-40) |
| Have you neglected family time spent in worship, the Word of God and prayer? |
| Do you fail to submit to leaders in the church or elsewhere? |
| Do you rebel at requests given to you to help in the work of the Gospel? |
| Do you have a stubborn or unteachable spirit? |
| Are you lazy or irresponsible? |
| Have you dishonored God and hindered His work by criticizing His servants? |
| Have you become a judge of God's servants? (Romans 14:4) |
| Have you failed to pray regularly for those God has placed in a role of helping to serve in your local |
| congregation? |
| Do you find it hard to be corrected? |
| Is there rebellion toward anyone who wants to restore you? |
| Are you more concerned about what people will think, than what will be pleasing to God? |
| The you more concerned about what people will timin, than what will be pleasing to God. |
| Write down any specifics that the Holy Spirit revealed to you in the area of Service to Christ. By writing down what He showed you, this will allow you to take this to Him in prayer in the coming days: |
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Confessional Prayer Questions [Section #4: For those on staff with a church or parachurch ministry as well as ministry volunteers]

(If this section does not apply to you then you can proceed to the "Conclusion" on page 20):

Today, many Christ-followers and even many of those in ministry leadership roles seem to be living on the edge of a cliff, not far from a great fall into the abyss of sin. Why is it that even many pastors have gotten so close to dangerously falling?

As I counsel with those who have had their ministries come to a screeching halt because of sexual immorality, or emotional burnout, without exception they trace their fall to a common cause. They all state that they can remember when their spiritual life began to deteriorate. Their devotional life became shallow and even to the point of being non-existent. The result of this was a spiritual disconnection from the One and only power source who protects us from sin and empowers us to live a victorious Life. The flesh, worldly temptations, and the religious system itself are seeking to push us out of an intimate relationship with God. Peter warns us that Satan is prowling around "like a roaring lion, seeking someone to devour. But resist him..." (1 Peter 5:8-9) The following Scripture remind us that without Christ, even the strongest Christian can become prey to the enemy of our souls.

I find then the principle that evil is present in me, the one who wants to do good. For I joyfully concur with the law of God in the inner man, but I see a different law in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin which is in my members. Wretched man that I am! Who will set me free from the body of this death? Thanks be to God through Jesus Christ our Lord! Romans 7:21-25

(Meditate on these Scriptures related to the importance of purity in our Service to Christ. Allow the Holy Spirit to begin to convict you of any sin related to this.)

Let not many of you become teachers, my brethren, knowing that as such we will incur a stricter judgment. James 3:1

It is a trustworthy statement: if any man aspires to the office of overseer, it is a fine work he desires to do. An overseer, then, must be above reproach. 1 Timothy 3:1-2

And He said to them, "Rightly did Isaiah prophesy of you hypocrites, as it is written: 'This people honors Me with their lips, But their heart is far away from Me. 'But in vain do they worship Me, Teaching as doctrines the precepts of men.' Mark 7:6-7

Then Jesus spoke to the crowds and to His disciples, saying: "The scribes and the Pharisees have seated themselves in the chair of Moses; therefore all that they tell you, do and observe, but do not do according to their deeds; for they say things and do not do them. They tie up heavy burdens and lay them on men's shoulders, but they themselves are unwilling to move them with so much as a finger. But they do all their deeds to be noticed by men; for they broaden their phylacteries and lengthen the tassels of their garments. They love the place of honor at banquets and the chief seats in the synagogues, and respectful greetings in the market places, and being called Rabbi by men. But do not be called Rabbi; for One is your Teacher, and you are all brothers. Do not call anyone on earth your father; for One is your Father, He who is in heaven. Do not be called leaders; for One is your Leader, that is, Christ. But the greatest among you shall be your servant. Whoever exalts himself shall be humbled; and whoever humbles himself shall be exalted." Matt. 23:1-12

"Beware of practicing your righteousness before men to be noticed by them; otherwise you have no reward with your Father who is in heaven." Matthew 6:1

"Go through the midst of the city, even through the midst of Jerusalem, and put a mark on the foreheads of the men who sigh and groan over all the abominations which are being committed in its midst." But to the others He said in my hearing, "Go through the city after him and strike; do not let your eye have pity and do not spare. Utterly slay old men, young men, maidens, little children, and women, but do not touch any man on whom is the mark; and you shall start from My sanctuary." So they started with the elders who were before the temple. Ezekiel 9:4-6

It is very clear that to serve as a public representative of Christ's Church is a position of great responsibility. As the Life of Christ is the standard that God has for every member of His Church, how much emphasis does He place on His representatives living a life that is "above reproach" and is modeling the depth of love for God and love for others that Jesus desires? This section of questions is specifically designed for those who are in positions of oversight within the Body of Christ.

When Jesus had finished these words, the crowds were amazed at His teaching; for He was teaching them as one having authority, and not as their scribes. Matthew 7:28-29

Jesus taught as one who had "authority". He spoke with an authority that was not present among the religious leaders of His day in part because He was not living according to the dictates of the religious system. The religious system often mirrors the same fleshly desires that underlie the world's system yet with a religious/seemingly godly appearance. Even in our day, the religious system seeks to hinder the will and ways of God from being done on the earth. This section focuses on the ways that the religious system can seek to stunt our growth in Christ by trapping us in its ways.

<u>Sin/Hindrances Related to the Religious System</u> (Invite the Holy Spirit to reveal which statement is true of you. If it is, confess this to the Lord and allow Him to bring cleansing and freedom)

- Are you concerned with your name being exalted/honored by man? (Matthew 23:5-6)
- □ Are you concerned about your ministry being exalted/honored by man?
- Do you use the term "my ministry", or "my church", rather than acknowledging that this is solely and only Christ's Church and Christ's work?
- ☐ Is your sense of identity tied to your ministry title? (Matthew 23:6-10)
- ☐ Is your sense of identity tied to the work of ministry rather than based solely on your relationship with Jesus?
- Do you care more for the ministry that you are with than you care for other ministries? (Phil. 2:3-4)
- If you are honest with yourself, is the true heart motive behind some of the ministry work that you do for your own glory? (To be recognized in the eyes of man?) (Matthew 23:5-6)
- ☐ Have you found yourself discouraged when you see other ministries succeeding?
- ☐ Have you found yourself having feelings of a competitive nature towards other ministries that serve a similar purpose as the ministry you have been entrusted with?
- Do you use social media for your own glory? (Examine your motives in why you use social media. Ask God how He desires you to repent if this has been an area of pride/self-exaltation.)
- Do you have more allegiance to your particular denomination/style of worship than you do to Jesus' expressed desire in John 17 that His people would be one as He and the Father are One?
- Have you allowed minor doctrinal differences to separate you from your fellow brothers and sisters in Christ?
- ☐ Have you privately spoken out against other ministries/ministers that you do not like or see as a threat? (Romans 14:4)
- ☐ Have you publically spoken out against other ministries/ministers that you do not like or see as a threat?
- □ Do you have thoughts of mistrust toward other ministry leaders even when you do not know them personally?
- Do you have a tendency to think the worst of people?
- □ Do you have a tendency to judge people with a negative perspective rather than asking God to show you His perspective of them?

☐ Have you failed to pray for those who are in a position of governmental leadership in your nation? (1 Tim. 2:1-Do you speak privately or even publically against those who are in a position of governmental leadership with a spirit that lacks the love that Christ has for them? (Matthew 5:43-48, Romans 13:1-8) Due to past wounds that came through people in the ministry you are with, have you held onto unforgiveness towards that person/group of people? (If so, allow God's Spirit to lead you through to a place of forgiveness and of truly blessing them.) Due to past wounds that came through people in other congregations/ministries have you held onto unforgiveness towards that person/group of people? (If so, allow God's Spirit to lead you through to a place of forgiveness and of truly blessing them.) Have you allowed a spirit of competition in the ministry that has caused you and/or others to function as though you are working to save your community as the only people that God has given this task to? ☐ Have you failed to recognize your deep need for partnership with other congregations/ministries in your area through your thoughts? ☐ Have you failed to recognize your deep need for partnership with other congregations/ministries in your area through your speech? ☐ Have you failed to recognize your deep need for partnership with other congregations/ministries in your area through your actions? ☐ Have you been unwilling to make adjustments in your time schedule to consistently meet with other pastors/ministers in your area because you don't see how that is needed and/or will make a difference? (If any of the previous four questions is true of you, what would God have you do to make a radical adjustment in this area that causes Him and others to see that you now see the need to work with the rest of the Body of Christ?) Do you have a tendency to think of your needs before you think of the needs of others? (Phil. 2:3-4) Rather than consistently steering people toward their need for God, out of a need to feel needed/useful have you allowed others to exalt you to an unhealthy position in their lives? (Depending on you for insight, hope or empowerment for daily living.) Do you have a tendency to ask others to do things that you don't want to do yourself? (Matthew 23:3-4) ☐ Have you allowed the work of "ministry" to push you away from the place of the most important ministry intimacy with God? If so, in what way? (Matthew 22:36-40) ☐ Have you settled for a form of ministry that is consistently lacking the power to convert lost souls to Christ? ☐ Have you settled for a form of ministry that is consistently lacking the power to bring real lasting transformation to those who are being discipled? ☐ Have you failed to put in place a clear God-given strategy for making disciples? In seeking God for a strategy for success in ministry, have you neglected a depth of prayer and personal intimacy with God, and instead sought to apply strategies/programs without really taking extended time to ask God for the specifics of what He is asking of you? ☐ Have you failed to model the importance of prayer and dependency upon God's Spirit? ☐ Have you modeled that prayer is not important due to the fact that you rarely request or attend times of corporate prayer? Have allowed the notoriety of ministry to cause you to think more highly of yourself than you should? (If so, in what way have you allowed this? What adjustments are you going to begin to make to see this change?) Have you allowed the finances of the ministry (whether they be in an abundance or in lack) to become something that you are focused on in order to fill yourself with a sense of security/identity/hope/life?

☐ Have you directly contradicted scripture and exalted someone in the ministry due to their financial wealth

☐ Have you allowed yourself the liberty of lustful thoughts, speech and/or actions towards those you are in a

rather than their Godly character? (James 2:1-4)

ministry relationship with?

| | Have you allowed yourself to give into lustful thoughts, speech or actions in a way that is hidden and in which |
|---|--|
| | you do not presently have anyone you are accountable to for this? (If this is the case, there is excellent free |
| | help available for difficulties with online pornography – <u>www.x3watch.com</u> . For an even more |
| | comprehensive monitoring service we recommend <u>www.covenanteyes.com</u> . For those who are married, your |
| | spouse is the first person in need of a confession, and also your first accountability partner to help ensure that |
| _ | you do not continue to fail in this way.) |
| | Have you consistently failed to allow others to speak into your life and bring real correction/adjustment to the |
| _ | way you are living/doing ministry? |
| | Do you have a tendency to "do ministry" based on what you understand rather than really relying solely and |
| _ | only on the Holy Spirit to give direction for everything that He is asking you to do? |
| | Do you allow yourself to focus on the outside of a person rather than on their heart? |
| | Do you often think of being in a ministry leadership position as a means of being served by others rather than |
| _ | being a servant yourself? When as moone a population was ministry do you think of how they are exist you to fulfill your vision. |
| | When someone comes to join your ministry do you think of how they can assist you to fulfill your vision, |
| | rather than asking God how you can serve and empower them to fulfill the vision that He has given to them? |
| | Have you gotten so preoccupied with the work of ministry that you have been failing to disciple your own family? (spouse/children) |
| | Would your spouse say that you spend too much time doing ministry to the neglect of your relationship? |
| | Would your children say that you spend too much time doing ministry to the neglect of your relationship? |
| _ | (If any of these three family related questions are true, what does God believe about this? What needs to |
| | change?) |
| | Have you known that God wants more of your time to be spent seeking Him but procrastinated making the |
| _ | necessary adjustments? (If so, what has been your excuse? How are you going to rid yourself of excuses and |
| | begin to immediately put into practice what He is asking of you?) |
| | Has your prayer time become an exercise of just going through the motions? |
| _ | Is your time in the Word of God primarily reading for the sake of sharing with others, rather than reading for |
| _ | the sake of personal application? |
| | Are your times of worship and prayer almost exclusively in corporate settings but not when you are alone with |
| | God? |
| | Have you allowed things to remain in the ministry that you know God is asking you to change? (If so, what |
| | does this relate to? How would He have you respond now that He has brought this to your attention?) |
| | Do you know that God is wanting you to implement certain things but you have failed to do them due to fear |
| | of what people will think/what will happen as a result of your obedience to Him? |
| | Is there something that you have been unwilling to do even though you know that God is asking you to do it? |
| | |
| | Write down any specifics that the Holy Spirit revealed to you. By writing down what He shows you, this |
| | will allow you to take this to Him in prayer in the coming days: |
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Conclusion

The thief comes only to steal and kill and destroy; I came that they may have life, and have it abundantly. John 10:10

Lo, I am with you always, even to the end of the age. Matthew 28:20

I will ask the Father, and He will give you another Helper, that He may be with you forever; that is the Spirit of truth, whom the world cannot receive, because it does not see Him or know Him, but you know Him because He abides with you and will be in you. "I will not leave you as orphans; I will come to you. After a little while the world will no longer see Me, but you will see Me; because I live, you will live also." John 14:16-19

The Cleansing Prayer Guide is just the beginning of a journey of growing deeper in our relationship with God. There were probably many areas that the Holy Spirit highlighted to you that are in need of adjustment. The glorious news is that you have an Eternal Savior in the Person of Jesus Christ. You do not need to seek to walk through your wounds and sinful habits alone. God has literally placed the same Spirit that raised Jesus Christ from the dead within you. As you choose to surrender yourself more and more fully to Him, you will experience as a living reality what it means for His Life to overcome sin and bring His freedom into every area of life!

"Create in me a clean heart, O God, and renew a steadfast spirit within me... Restore to me the joy of Your salvation and sustain me with a willing spirit. Then I will teach transgressors Your ways, and sinners will be converted to You." Psalm 51:10, 12-13



Now that I have completed the *Cleansing Prayer Guide* what's next? Are there any practical next steps?

As we have stated previously, going through this guide and the other related spiritual diagnostic tests is not to simply fill us with greater head knowledge about how weak we are. Seeing a problem but not knowing the solution is not helpful. We are not interested in providing just a short term relief from a problem only to find that it pops back up in a few weeks, months or even years. Jesus stated that in order to live in victory we must learn to develop a deep intimacy with God.

I am the vine, you are the branches; he who abides in Me and I in him, he bears much fruit, for apart from Me you can do nothing. John 15:5

We want to give you some very practical next steps that you can begin to put into practice in your relationship with God, that overtime we believe will empower you to be healed of past wounds, and walk in victory over sin. Not by your power, but by His indwelling Holy Spirit.

Step #1: Continue to allow the Holy Spirit to do a thorough search of your life.

During the initial "**Preparation**" component of our training, in addition to the *Cleansing Prayer Guide*, if you have not done so already, we would encourage you to go through the **Hurt of the Heart Inventory**.

This resource is available free of charge at this link: www.dninternational.org/isrt_preparation

Only as we have a clear understanding of where we are at, and what we are currently holding onto, are we in a position to surrender all of this to the Lordship of Jesus Christ and invite Him to deliver us from sin and heal us of the hurt of our hearts.

It is likely that as you go through these resources that some areas of undealt with sin will be revealed to you, as well as wounds that are in need of healing. **The solution to the problems that these diagnostic tests have revealed is very simple:** deeper intimacy with God. Therefore, we highly encourage you to now move beyond these diagnostic tests to the next step – A Lifestyle of Deep Intimacy with God.

Step #2: Develop a Lifestyle of Deeper Intimacy with God

Once you have completed the spiritual diagnostic tests we have two simple resources available to you that are free of charge:

A. The *Global Call to a Spirit Empowered Life* booklet gives very practical assistance in establishing a lifestyle of intimacy with God.

This resource is made available for immediate assistance to those who have gone through the Spiritual Check-Up process. Request your free e-copy of the *Global Call to a Spirit Empowered Life* booklet here: www.dninternational.org/SpiritEmpoweredBooklet

B. Renewal 101 online course: This is a free online course on the topic of personal revival. This 9 week course offers access to the e-book Absolute Surrender by Andrew Murray. Each session has interactive questions, audio and video clips, along with clear prayer and action points. Useful for individual or group study.

The Renewal 101 course is the perfect follow-up to the Spiritual Check-up and the *Global Call to a Spirit Empowered Life* booklet: www.dninternational.org/renewal101

Further courses are also available through our online school. We encourage you to take full advantage of all the courses we have available. Each course will seek to deepen your intimacy with God and equip you to be a fruitful servant in His Kingdom. www.dninternational.org/onlineschool

End Notes:

This is a living document, meaning that we regularly find new ways to update or utilize this Prayer Guide. For the latest version of the *Cleansing Prayer Guide* email us at: office@dninternational.org Or visit us on the web at: www.dninternational.org/CleansingPrayerGuide

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